

The Paschal Hours

For Laymen

** From the Holy and Great Sunday of Pascha until the Saturday of Renewal Week, in place of the usual Morning and Evening Prayers, Nocturns, the Hours, Compline, and the Prayers of Thanksgiving after Holy Communion, the Paschal Hours are read.*

Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us. Amen.

Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. *(Thrice)*

Having beheld the Resurrection of Christ, let us worship the holy Lord Jesus, the only Sinless One. We worship Thy Cross, O Christ, and Thy holy Resurrection we hymn and glorify; for Thou art our God, and we know none other beside Thee, we call upon Thy name. O come, all ye faithful, let us worship Christ's holy Resurrection, for behold, through the Cross joy hath come to all the world. Ever blessing the Lord, we hymn His Resurrection; for, having endured crucifixion, He hath destroyed death by death. *(Thrice)*

The Hypakoe, Eighth Tone (once):

Foretelling the dawn, the women came with Mary, and found the stone rolled away from the sepulchre, and heard from the angel: Why seek ye among the dead, as though He were mortal, Him Who liveth in everlasting light? Behold the grave-clothes. Go quickly and proclaim to the world that the Lord is risen and hath slain death. For He is the Son of God Who saveth mankind.

Kontakion, Eighth Tone (once):

Though Thou didst descend into the grave, O Immortal One, yet didst Thou destroy the power of hades. And didst arise as victor, O Christ God, calling to the myrrh-bearing women: Rejoice! and giving peace unto Thine apostles: Thou Who dost grant resurrection to the fallen.

Troparia, Eighth Tone:

In the grave bodily, but in hades with Thy soul as God; in Paradise with the thief, and on the throne with the Father and the Spirit was Thou Who fillest all things, O Christ the Inexpressible.

Glory to the Father, and to the Son, and to the Holy Spirit.

How life-giving, how much more beautiful than Paradise, and truly more resplendent than any royal palace was Thy tomb shown to be, O Christ, the source of our resurrection.

Both now and ever, and unto the ages of ages. Amen.

O sanctified and divine tabernacle of the Most High, rejoice! For through thee, O Theotokos, joy is given to them that cry: Blessed art thou among women, O all-spotless Lady.

Lord, have mercy. (Forty times)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, who without corruption gavest birth to God the Word, the very Theotokos, thee do we magnify.

Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us. Amen.

Christ is risen from the dead, trampling down death by death, and on those in the tombs bestowing life. *(Thrice)*

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Lord, have mercy. *(Thrice)*

O Lord, bless

Thou that didst rise from the dead, O Lord Jesus Christ, Son of God, for the sake of the prayers of Thy most pure Mother, of our holy and God-bearing fathers, and all the saints, have mercy on us and save us, for Thou art good and the Lover of mankind. Amen.